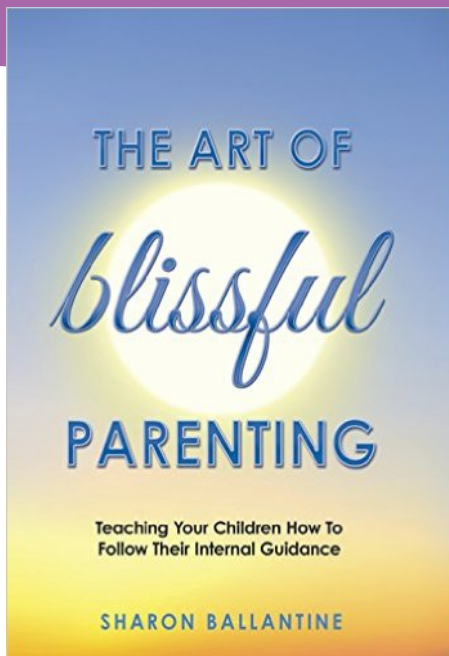


# Sharon BALLANTINE

Parenting Coach | Author | Speaker



What if you had a more loving and less stressful relationship with your children?



In Sharon Ballantine's new book, "**The Art of Blissful Parenting**" takes you on a journey that includes her own from the not-so-blissful, to blissful – yes, you can learn to be in a place of less pain and more joy.

## Why Sharon?

She teaches from the heart and has an ability to reach parents that takes the fear out of letting go of control that makes raising the next generation of leaders more joyful for parents and their children.

Sharon Ballantine is a Parenting and Life Coach, and founder of the Ballantine Parenting Institute. She has worked with parents all around the world to find their Internal Guidance System (IGS) and teach their children how to tap into their own IGS.

She has traveled the world experiencing other cultures, studying nutrition, and reading and writing non-fiction. In 2007 she became a certified Law of Attraction Life Coach at the Quantum Success Coaching Academy. In 2011 she graduated from the Four Winds Society Light Body School of Energy Medicine, founded by Alberto Villoldo PhD.

## Popular Speaking Topics

### *Parenting:*

How the Internal Guidance System will change your life and that of your children

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Let Go of Control for Independent Strong Children

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Grow Self-Esteem in your Children by Growing Your Own

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